



## Order of Events

Friday 4/5/24

**3:30 PM** Coaches Meeting

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### **FIELD EVENTS**

**4:00 PM** **3 Throws - Top 7 to Finals**

Javelin - Girls followed by Boys (G-20m/65')(B-25m/82')  
Shot Put - Girls followed by Boys (G-8m/26')(B-10m/32')  
Discus - Boys followed by Girls (G-20m/65')(B-25m/82')  
High Jump - Boys followed by Girls (G-1.2m/3'11")(B-1.5m/4'11")  
Long Jump(S pit) - Boys/Girls Cafeteria Style  
Triple Jump(N pit) - Girls/Boys Cafeteria Style  
Pole Vault - Girls followed by Boys (G-1.85m/6')(B-2.45m/8')

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### **RUNNING EVENTS**

*All events girls followed by boys unless noted*

**4:15 PM** 3200m Run

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**5:30 PM**

3200m Relay  
100m Hurdles (Girls)  
110m High Hurdles (Boys)  
100m Dash  
800m Relay  
1600m Run  
400m Relay  
400m Dash  
300m Low Hurdles (Girls)  
300m Int. Hurdles (Boys)  
800m Run  
200m Dash  
1600m Relay